



By Love Serve One Another

 **Happy** 
Independence
Day

JOTTINGS

Faith in God the Father Almighty
and in Jesus Christ His Only Son Our Lord and Saviour
and in the Holy Spirit

Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation only

No. 302 August 2024

Independence Day

Outsourced /compiled by Rekha Joshi

Happy India Independence Day 2024. On the 15th of August each year, India radiates with pride and a deep sense of patriotism as it commemorates Independence Day. This significant day, dating back to 1947, symbolizes the culmination of a two-century-long British rule, as India proudly declared its freedom.

This journey from colonial subjugation to complete sovereignty is honoured on this momentous occasion. Amidst the soaring national flag and the resonating anthem, Independence Day becomes a heartfelt homage, a poignant reminder of sacrifices made, and a unifying moment for the nation. It remains a powerful symbol of national pride, unity, and progress.

This year 2024, India will proudly mark its 78th Independence Day on the 15th of August, honouring 77 years of treasured freedom.

It is a day to reaffirm India's commitment to democracy, secularism, and social justice. This momentous day, rooted in the historic year of 1947, marks the culmination of a two-century-long struggle against British rule. With unwavering resolve, India proudly declared its freedom, ushering in a new era of sovereignty and independence. As the Tricolour is unfurled across the nation, Independence Day becomes a poignant reminder of the sacrifices and resilience that forged the nation's destiny.

The Biblical Mandate for Christians

Annie Cardoz

Do you think Jews are exempt from persecution? According to Jesus, the answer is no. Today, 76% of European Jews avoid wearing Jewish items and 2,000 French Jewish families are emigrating to Israel because they feel unsafe. In Cincinnati, Ohio, more than 180 Jewish gravestones were vandalized. The Brussels Monument, dedicated to those who helped Jews during the Holocaust, was also vandalized. Jewish businesses, schools are targeted globally, and the historic Tunisia Synagogue was set ablaze. Since Jesus is God, He explicitly acknowledged that His followers, including Jews, would face relentless persecution. He, too, endured significant opposition and hostility throughout His ministry. Jesus forewarned His disciples in Matthew 24:9, "Then they will deliver you up to tribulation and kill you, and all nations will hate you for My name's sake." In John 15:20, He said, "If they persecuted Me, they will also persecute you."

Today, antisemitism has intensified globally, especially in the Middle East. Despite this, God in Genesis 12:3 states, "I'll bless those who bless you, and whoever curses you I will curse." The Apostle Paul in Romans 11:18 emphasizes

the vital Jewish role in God's salvation plan, urging Christians not to be arrogant towards the Jews.

The recent attack on Israel, which killed over 1,200 people and abducted 250, including toddlers and Holocaust survivors, is a stark reminder of the ongoing persecution. By praying for the Jewish people's peace, protection, and prosperity, Christians participate in God's redemptive work and promote reconciliation and healing. What can we do today to show our support and make a difference?



Spiritual Retreat

Date: Friday, 23rd August 2024

Time: 4.00 pm

On Zoom

Birthday List for the month of August 2024

Happy Birthday

Date	Members	Area	Staff
2nd August	Sharon Solomon	Andheri	
2nd August			Purva Kalne
3rd August	Komal Oberoi	Andheri	
4th August	Vinita Reuben	Andheri	
4th August	Alpana Banerjee	Chembur	
4th August	Alyra Kunder	Y Deepa	
5th August	Sadhana Pradeep Powar	Andheri	
7th August			Sachin Birmole
9th August	Suneela Arun Kumar	Belapur	
			Ebenezer J. Hosmani
10th August	Lora Saldanha	Andheri	
12th August			Mary Peter
13th August	Mol Paulose	Chembur	
16th August	Rekha A Joshi	Byculla	
16th August	Emema Daphne Christy	Byculla	
17th August	Dr. Lata Clements	Andheri	
17th August	Jacintha D'Souza	Andheri	
17th August			Apeksha Rane
19th August	Mrudul Raiborde	Fort	
19th August	Fatima Gomes	Bandra	
20th August	Lily Joseph Sebastian	Borivali	
22nd August	Gissy Jacob	Belapur	
25th August	Priscilla Albuquerque	Andheri	
25th August			Sangita S. Jogadand
26th August	Aneesha Reuben	Andheri	
27th August	Rajitha Chandran	Belapur	
28th August	CA Santi Liju	Andheri	
28th August	Marianel Baptista	Byculla	
30th August			Yogita Sonawane

Count your life by smiles, not tears.

HAPPY BIRTHDAY

Count your age by friends, not years.

We love you!!!



ANNOUNCEMENTS



Prayer Requests

JESUS CALLING - PRAYER REQUEST

Online Prayer request channel was opened by SE Committee.

Prayer requests will be confidential.

Below is the list of members available for prayers:

Gissy Jacob	9702499500
Suneela Arun Kumar	9322776627
Vanita Narvekar	9819624356
Prabhavaty Christdoss	9892717323
Susy Babychan	9869402713
Angela Fernandes	9820627195
Patricia Furtado	9833822124

Important

Members,
kindly update your current postal address, mobile number and email Id to Membership Staff, Christina.

Please Note Important Guidelines for Jottings

1. Word-limit for articles is 200-250.
2. Departmental Reports should be checked by the respective Chairpersons.
3. Reports should be brief.
4. Photos of activities conducted, and with captions, should be sent. Request the concerned CPs to approve the photos before being mailed.
5. Photos of size upto 1 MB / 300 KB with captions will be accepted and should be sent only by email.
6. Photos of events/activities should be emailed separately, as well as in Word document, along with the said article.
7. All articles should reach on or before 15th of the month.
8. All articles should be sent to Staff Mildin- jottings@ywcabombay.co.in or a hard copy at Byculla, YWCA.

Sweet Notings

- Sharon Pires

For to be free is not merely to cast off one's chains but to live in a way that respects and enhances the freedom of others – Nelson Mandela

As free citizens we enjoy freedom. We have rights as well as responsibilities to ourselves and to others too. It is indeed a privilege to respect and enhance the freedom of others through our positive words and actions. May we endeavour to reach out, to build and bond in our homes, families, workplace, community and neighbourhood, to experience the beauty and joy of true freedom. Happy Independence Day!

The greatness of humanity is not in being human but in being humane – Mahatma Gandhi

We are human in our vulnerability, selfishness, greed, weakness, temper, but we can be humane in our efforts to learn from

our mistakes, reach out to another, show compassion and care, listen and love – We can make a difference, if we choose to be humane.

Photography is the only language that can be understood anywhere in the world – Bruno Barbey

A picture can speak a thousand words in a universal language that connects to the mind and soul. If our senses are open to the promptings, it connects to emotions of love, joy, peace, beauty, sadness, contentment, hope, endurance, resilience and a whole range more. It gives us perspective, depth, meaning and shares a message that is personal and meaningful – it captures our soul.

World Photography and World Humanitarian Day are celebrated on 19th August.

Dear Members and Friends,

PASI Committee is glad to announce the collaboration and support of **YWCA of Bombay to The Recycling Company** (Threco) towards E-waste collection and recycling.

Three **E- Waste** bins have been placed in the YWCA centres at -

- 1) Asha Kiran, Andheri
- 2) Achamma Bhavan Hostel, YWCA, Byculla
- 3) Lady Willingdon Hostel, YWCA, Fort

The main target is to **Reduce, Reuse and Recycle** to save **Planet Earth** and preserve the environment for future generations.

All electronic and electrical items like – laptops, desktops, monitors, keyboards, mouse, mobile phones, printers, remotes, routers, cables, headphones, accessories, batteries, telephones, chargers, coolers, ACs, TVs, ovens, music systems, electronic toys, refrigerators, bulbs, tube lights etc., should be disposed off in the prescribed manner.

Looking forward to support from all YWCA members and staff. Together, we can work towards a cleaner and better environment.

In Memoriam

Lila Vijay Awsare, Sister of Vanita Narvekar, Byculla area member,
passed away on Tuesday, 2nd July 2024.

We pray for God's comfort and peace for the grieving family.

Prabhakar Mahato Memorial Service

A memorial service was held on 12th July, 2024 at YWCA International Centre to honour the life of late Prabhakar Mahato. Around 50 people including members, staff, family and friends of Prabhakar attended the service to pay their respects and celebrate his life.

Therese George welcomed everyone and began the service by sharing touching anecdotes and highlighting the significant impact Prabhakar Mahato had on YWCA. M Selvaraj led the opening prayer. Reflections based on Psalm 23 were shared by Mrudul Raiborde offering words of comfort and hope during this time of grief. A slideshow, specially curated by GS, captured the cherished moments and memories from a life well-lived.

Dashrath, Sangeeta, Lawrence Rebello, Sharon Pires, Anuradha Patil, Mrudul Raiborde, Vimal Prabu, Priya Dongre and Therese George shared their experiences and memories of Prabhakar.

The service concluded with a vote of thanks delivered by Cajetan Fernandes, followed by fellowship lunch.

Overall, the memorial service was a poignant reminder of the impact Prabhakar had on all of us. His legacy will continue to inspire acts of kindness and compassion, ensuring that his memory lives on in the hearts and deeds of those touched by his remarkable life. We extend our deepest condolences to the family of Prabhakar and pray that our Lord Almighty will grant them comfort and grace to go on.



Women's Development Unit (WDU)

- 1) MSBSDE Theory & Practical exam for Certificate Course in Nursing Care and Craft Course in Cookery, Bakery, and Confectionery for the year 2024 were held from 20th to 27th June.
- 4) Medical Health Check-up Camps were conducted at Geeta Nagar community on 15th June and at Fort community on 17th June for over 200 beneficiaries.

- 2) 20 women from the Community enjoyed the film **Lapata Ladies** on 3rd June at YMCA.



- 5) Social workers conducted meetings with 20 leaders from 8 SHG groups for various government training schemes.

- 3) International Yoga Day was celebrated on 18th and 21st June in Belapur, Byculla, Fort and Chembur Balwadi centres with 193 participants.



- 6) A TISS student conducted Dance Movement therapy session from 6th May to 28th June with 17 beneficiaries at Chembur and 14 beneficiaries at Byculla.



International Center: 18, Madame Cama Road, Fort, Mumbai 400 001

Ph : 6624 7222

email: ic.manager@ywcabombay.co.in Website: <http://www.ywcabombay.co.in>

Asha Kiran

- An awareness session was conducted by Prajwala Ingle about formation and maintenance of SHG groups for women from 4 communities. She explained the government schemes regarding SHGs.



- Mehndi classes began on 24th June for a month for 15 students.



- New project to begin from 1st August 2024 for 6 months.



DO YOU WANT TO UPSKILL YOURSELF?



JOIN YWCA OF BOMBAY'S
Communication and Administrative Skills Programme

Who Can Apply?

- Individuals with 12th grade qualification, seeking to upskill themselves.
- Working professionals.
- College students preparing for job opportunities.

Course Duration: 5 months

Venue: YWCA Asha Kiran Complex, JP Road, Andheri West

COURSE COVERAGE:

- Soft skills development
- Proficiency in English (written and oral communication)
- Report writing
- Working knowledge of Computers
- Working knowledge of social media

COURSE HIGHLIGHTS:

- Lectures and practical sessions
- Personalised attention
- Speed reading
- Monthly progress monitoring
- Mock interviews
- Internship opportunities

☎ 9619615027

✉ alkyrcapros@gmail.com

🌐 www.ywcabombay.co.in

BELAPUR: Anugraha Hostel, Sector 8, CBD-Belapur, Navi Mumbai- 400 614 Ph: 27570786
email: belapur.hostel@ywcabombay.co.in

Shelter Homes

- A session on **Hygiene** was conducted on 9th June by resource person Dr. Gitika Masrani. Various topics like menstrual hygiene, breast cancer, how to take care of one's body were covered giving relevant information. The girls discussed their problems.
- A session on **Dengue and its Precaution** was conducted on 20th June by resource person Sujata Pawar from BMC.
- Picnic arranged for the residents on 28th June was fun-filled without compromising on safety. There were good buffet spreads for breakfast and lunch. Residents enjoyed the water slides, the rain dance and the pool. They had a great time at the resort. These memories will stay with them for a long time.
- Tree Plantation was conducted on 24th June.



PASI

Awareness Talk on 'Women's Mental Health as Human Rights!'

Iravati K, Programme Co-ordinator, Mental Health and Well-being from Urja Trust conducted an online session for 40 participants on 18th June.

She spoke on viewing mental health from an intersectional lens and understanding social determinants to women's mental health keeping the rights of an individual at the centre. The session highlighted the need to look at social determinants of mental health, mental healthcare needs, and interventions from the lens of human rights. Prioritizing mental health intervention as a part of overall well-being is crucial. The impact of trauma on the body and vice-versa was also discussed including the approach we can take as individuals,

community and system in order to address mental health needs in a holistic manner and strengthen the interventions.

This was followed by an interactive session.

Awareness Talk on 'Israel-Hamas Conflict'

Resource Person: Apostle Dr. Jerry D'Souza, Abundant Life Assemblies.

Date: 4th July

Mode: Online

No. of participants: 37

In order to understand this Conflict without bias or prejudice, we need to examine and contextualise the Biblical Foundation:

FORT: Lady Willingdon Hostel, 18 Madame Cama Road, Fort, Mumbai 400 001. Email: fort.hostel@ywcabombay.co.in

Ph. : 8655093534

website: <http://www.ywcabombay.co.in>

The Hindsight, Insight and Foresight, the Past, Present and Future of Israel as a nation Covenanted with the Living God through Abraham, Isaac and Jacob, beginning at Gen.12:1-3.

On October 7, 2023 the Hamas terrorist outfit attacked Israel, killing civilians - men, women and children, and taking others as hostages. Israel responded to the cowardly and barbaric attack militarily, to rescue the surviving hostages and to recover the dead bodies of those subsequently killed by Hamas. Hamas is supported by Iran and funded by Qatar under the guise of fighting for the Palestinian cause. These terrorists and their tunnels have to be tackled with an iron hand.

Failure to do so threatens the peace and stability of the entire world. Israel is fighting for its very existence, but according to God's Covenant, Israel and the Church are forever the apples of God's eyes. We thank the guest speaker for giving us this enlightening and informative talk. His valuable knowledge and experience were well-appreciated. Special thanks to all the Committee members and Board of Management for their support and co-operation.

Outcome achieved:

- Informing the public about the need to bring peace and harmony in Israel
- Positive audience feedback

Area Reports

Andheri: 22 members with 2 guests attended the meeting on 4th July. Devotion was led by Shama Chatterjee. Meena Sardar, a certified fitness trainer, gave demo to all members with simple steps to ensure good health. Members participated with immense enthusiasm.



Bandra: 10 members attended the meeting on 6th July at YMCA. Devotion was led by Patricia Furtado. Members discussed about a visit to Asra Home Centre.

Belapur: 8 members attended the meeting on 1st July. Devotion was led by Myrtle Shipley. Members discussed about Medical Camp.

Borivali: 16 members attended the meeting on 3rd July. Devotion was led by Angela Fernandes with reflection on Psalm 71. Members discussed a visit to Kulvem Home.



Byculla: 5 members and 2 guests attended the meeting on 2nd July. Devotion was led by Hilda Patrao. Dr. Sonal Ohol gave a talk on Osteoporosis. Members discussed visit to Shepherd Widow's Home and Kitchen Garden.

Chembur: 9 members and 1 guest attended the meeting on 5th July at Seva Dhan. Devotion was led by Elizabeth Kurien. Dr Arvind Vatkar of Ashirwad Hospital and Polyclinic, Chembur, gave a talk on Organ Donation. While the talk was informative and inspirational, he drew our attention to a greater sensitivity towards Organ Donation as the number of people who are dying for want of a donor is very high. A question-answer session followed the talk. Members were updated about the efforts made in conducting Movement Therapy for Special Children. Membership Secretary apprised the members of the forthcoming Ekta programme.



Fort : 7 members attended the meeting on 4th July. Devotion was led by Teofilda Pinto. Members visited Garden School in Colaba on 27th June. 85 children were present. It was such a joy seeing the children so friendly, and enthusiastically singing nursery rhymes with the members. Snacks and cold drinks were distributed.



Membership committee Invites You to EKTA

Green Skills for Youth: Towards a Sustainable World



Date: Friday 16th August
Time: 10.30 am
Venue: Achamma Bhavan Byculla

Registration fee: Rs 150/-
For registration contact
Christina @8424986647

Come and Enjoy

- Fun, games & activities
- Exciting Prizes to be won

Programmes and Committee Meetings for August 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Fort Area 10.30 am Andheri Area 3.30 pm	2 Anugraha Meeting 11:30 am Belapur Chembur Area 3.30 pm	3 Bandra Area 3:00 pm WDU Meeting 11:00 am Byculla Prayer Fellowship followed by Spiritual Emphasis Meeting 11.00 am on Zoom
5 Belapur Area 11.30 am LWH Meeting 1:30 pm Fort WDU Meeting 11:00 am Byculla	6 Byculla Area 10.00 am Prayer fellowship followed by Area Meeting ABH Meeting 1:00 pm Byculla	7 Borivali Area 11.30 am	8 PASI Meeting 2:00 pm Byculla DDH Meeting 12:00 noon Andheri	9 AK Meeting 11.00 am Andheri PIYA 7.00 pm on Zoom	10 IC Meeting 10.30 am hybrid Nominating Meeting 11.00 am Byculla
12 Membership Meeting 10.30 am Byculla	13	14 Buildings Meeting 11.00 am on Zoom General Hostels Meeting 1:00 pm Byculla	15 Holiday Shelter Homes Meeting 8.30 am Ashray, Borivali	16 SGMA Meeting 11.00 am Byculla	17 HR Meeting 10.00 am on Zoom Jottings Meeting 11.00 am on Zoom PR Meeting 1:00 pm on Zoom
19 Finance Meeting 5.00 pm on Zoom	20	21	22	23	24 Board Meeting 10.00 am Byculla
26 Nominating Meeting 11.00 am Byculla	27	28	29	30	31

DROP IT IN

If you do not receive a copy of the JOTTINGS for the month, please inform our Byculla office immediately.

BYCULLA : 75, Motlibai Street, Near Maratha Mandir, Byculla, Mumbai 400 008. Ph. : 23096544
 Achamma Bhavan Hostel, Institute of Nutrition and Baking Vocational Training Institute.
 email : jottings@ywcabombay.co.in website: <http://www.ywcabombay.co.in>