



By Love Serve One Another

JOTTINGS

Faith in God the Father Almighty
and in Jesus Christ His Only Son Our Lord and Saviour
and in the Holy Spirit

Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation only

No. 298 April 2024

Interwoven Narratives : Passover Lamb and the Lamb of God

Annie Cardoz

Did you know that Passover and Good Friday are pivotal events in Judaism and Christianity that intertwine with profound symbolism and parallels throughout the Holy Bible? The Passover marks the Israelites' liberation from Egyptian bondage and centres on the sacrificial Paschal lamb. In John 1:29, Jesus is hailed as the "Lamb of God," symbolizing His sacrificial death for humanity's redemption. The Last Supper, a cornerstone of the Christian faith, coincides with Passover, linking the sacramental of communion with Jesus' imminent sacrifice.

Exodus 12 meticulously outlines the preparation of the unblemished Passover lamb. In Exodus 12:21-25, the application of the lamb's blood using a hyssop branch on the doorpost forms the shape of the Hebrew letter "tav," symbolizing the covenant and foreshadowing the cross. In

John 19:28-30, as Jesus hangs on the cross, a sponge soaked in vinegar is lifted to Him on a hyssop stalk, fulfilling this symbolism. The Passover lamb, which was to be slain on the 14th day of Nisan, parallels Jesus' crucifixion, which occurred on the eve of Passover (Exodus 12:6; Mark 15:25). Just as the Israelites were forbidden from breaking the lamb's bones, Jesus' bones remained unbroken during His crucifixion, fulfilling prophecy (Exodus 12:46; John 19:31-36).

Through these profound parallels, the Passover lamb becomes a touching foreshadowing of Jesus, the ultimate Lamb of God, whose sacrifice brings redemption and salvation to humanity. Just as the Passover lamb's blood protected the Israelites, Jesus' blood offers eternal life to all who believe in Him (John 3:16).

Annie George

...The illustrious history of YWCA of Bombay begins in the year 1875 as an effort to meet the need of safe accommodation for young working women in the sprawling Metropolitan City of Mumbai.

Unlike many such initiatives sinking into oblivion, YWCA has, today, become an international organization, an all-inclusive women's body reaching out to women from all strata of society, meeting the needs at each level, shielding, enlightening and empowering.

It was in the year 1947, the World YWCA Council, meeting in Hangchow, China, established an Annual YWCA Membership Celebration. Beginning with 'World YWCA Observance Day', the name of the day has undergone many changes such as World

YWCA Membership Celebration to World YWCA Day - to be celebrated worldwide on the 24th of April.

Interestingly, in the year 2003 the first **Annual YWCA Round-the-World Breakfast** was held. It served the purpose of connecting YWCAs as a world-wide movement. Over a 24-hour period, 40 countries participated in the programme. Unfortunately, it remained a one-time event than an annual activity.

YWCA of Bombay looks forward to this day, celebrating the membership of those who have completed 20 years in the organization, long dedicated service of staff members and a day of camaraderie -lunch, fun and games.

Membership Renewal

Members are requested to renew their membership between Monday 1st April 2024 and Tuesday 30th April 2024 online or offline.

Membership Fee : Rs. 500/-
Bank Details : YWCA of Bombay
Name of Bank : Central Bank of India
Branch : Mumbai Central
A/c No. : 1026882882 IFS
Code : CBIN0280601

On making the transfer, kindly send a message or screenshot to Christina for record.

Birthday List for the month of April

Happy Birthday

Date	Members	Area	Staff
2nd April	Geeta Koshy	Andheri	
2nd April	Ujwala Reddi	Belapur	
3rd April	Laila Furtado	Fort	
4th April	Dora Coutinho	Andheri	
4th April	Nita Shah	Andheri	
4th April			Manoj Rai
6th April	Vanita Arun Narvekar	Byculla	
7th April	Pamela Azaredo	Fort	
10th April	Kabita Easo	Belapur	
10th April	Indira Pimento	Fort	
11th April	Fatima Jupiter	Andheri	
12th April	Maria Vaz	Bandra	
13th April	Sharon Pires	Fort	
14th April			Alka Pawar
15th April	Indira Menon	Chembur	
16th April			Rohini Hadavale
17th April			Pushpalatha Massey
18th April	Flavy D'souza	Bandra	
19th April	Dr. Anuradha Patil	Fort	
21st April			Vidya Gardi
22nd April	Dr. Usha Ubale	Andheri	
23rd April	Yvonne D'Souza	Borivali	
25th April	Gemma D'Cruz Martin	Fort	
25th April			Vidya Sawant
28th April	Sandra Menon	Andheri	
28th April	Pearl Panikal	Bandra	
29th April	Jennifer Mariam Talwalkar	Byculla	



JESUS CALLING - PRAYER REQUEST

Online Prayer request channel was opened by SE Committee.

Prayer requests will be confidential.

Below is the list of members available for prayers:

Gissy Jacob	9702499500
Suneela Arun Kumar	9322776627
Vanita Narvekar	9819624356
Prabhavaty Christdoss	9892717323
Susy Babychan	9869402713
Angela Fernandes	9820627195
Patricia Furtado	9833822124

Important

Members,
kindly update your current postal address, mobile number and email Id to Membership Staff, Christina.

WORLD MEMBERSHIP DAY

Date: Wednesday, 24th April 2024

Time : 10.30 am

Venue: YWCA Byculla

Please Note

Important Guidelines for Jottings

1. **Word-limit for articles is 200-250.**
2. **Departmental Reports should be checked by the respective Chairpersons.**
3. **Reports should be brief.**
4. **Photos of activities conducted, and with captions, should be sent. Request the concerned CPs to approve the photos before being mailed.**
5. **Photos of size upto 1 MB / 300 KB with captions will be accepted and should be sent only by email.**
6. **Photos of events/activities should be emailed separately, as well as in Word document, along with the said article.**
7. **All articles should reach on or before 15th of the month.**
8. **All articles should be sent to Staff Mildin-
jottings@ywcabombay.co.in or a hard copy at Byculla, YWCA.**

Sweet Notings

- Sharon Pires

A healthy mind in a healthy body makes a healthy world, and we are all its members. We all dream about it, we all want to have it, so we all need to work for it to make it a reality. You have got to **'Eat right to be bright'**. To stay active and keep fit, it is worth noting that **'Seven days without exercise makes you weak'**. With increasing stress and work pressure, keeping your mental health on top is important. So, **'Speak up, reach out and end the doubt'**. It is important to remember that – **'You've got to nourish to flourish'** as we celebrate **World Health Day** on 7th April.

The best time to plant a tree was twenty years ago. The second-best time is now.

Trees help us in so many ways and make a difference to the earth. Mother Nature nurtures us and we need to give back to her, for which the time is now. By sowing a seed, planting a sapling and nurturing it, we can contribute to Earth Health. Can we imagine our world without trees? They provide for our myriad needs: food, shade, oxygen, beauty, medicines, flavour, homes for birds and humans too (a tree house), prevent deforestation and keep our earth healthy and happy. **On 22nd April** we celebrate **World Earth Day**. Every day counts, so let us get down to Earth and start right away to - **Grow More!**

In Memoriam

Thomas Daniel

Brother of Mary Cheru, Chembur Area member,
passed away on Sunday, 3rd March 2024.

Suresh Sharma

Father-in-law of Sharon Solomon,
Andheri Area member,
passed away on Friday, 15th March 2024.

**We pray for God's comfort
and peace for the grieving families.**



Interesting and Rare Facts

Compiled by Rekha Joshi

1. **Dolphins use sonar to navigate:**

Dolphins have much better eyesight and hearing than humans and also have a highly developed biological sonar, or echolocation, as well as an ability to use the Earth's magnetic field to navigate.

2. **Dinosaurs cannot be brought back:**

Sadly, for many, the promise of Jurassic Park will not be realized in our lifetime. Although many dinosaur fossils have been found, none contains viable DNA, and it is extremely unlikely that a viable sample of DNA will ever be found.

3. **Orcas have their own culture:**

Orcas have an unusually large brain and the ability to learn local dialects (each pod of orca whales has its own unique language). They learn and then teach complicated methods of hunting, and pass on individual behavioural characteristics to other members of their

pod. Like humans, orcas have developed their own culture.

4. **The great white shark remains a mystery:**

Despite its notoriety, we know very little about the great white shark which leads a solitary life, swims great distances and is very difficult to observe. For example, scientists still have a number of unanswered questions about the shark's reproductive habits.

5. **Snake charming is a myth:**

Famous throughout India, snake charmers play musical instruments to apparently make snakes 'dance' for the entertainment of passers-by. In reality, the cobras traditionally used by snake charmers cannot hear the music being played and merely adopt a natural defensive stance at the sight of the snake charmer, and respond to the movement of the snake charmer, or his musical instrument.

Annual Public Meeting (APM) of YWCA of Bombay and 'Empower Her' Mela

The Annual Public Meeting of YWCA of Bombay and 'Empower Her' Mela was jointly held for the first time on 16th March at Lady Willingdon Hostel, Fort with 147 participants. The entrance and the hall had a beautiful display of fresh, green potted plants and was well-decorated with coloured bulbs. Entrepreneurs and Self-help Groups displayed mouth-watering delicacies, clothes, accessories, décor and home items for sale. The event started with Y Anthem followed by introduction by the hosts PR committee members Smruti Shinde and Husena Barodawala.

ASHA KIRAN: 53, J.P.Road, Andheri (W), Mumbai- 400 058
e-mail: ywcaandheri@rediffmail.com

Ph: 26702831/ 26702863

Inauguration of Mela and Welcome Address: Y President Blessy Babychan

Devotion: Spiritual Emphasis Committee CP Gissy Jacob

Felicitation of Chief guest Dr. Shilpa Phadke: Public Relations Committee CP Renuka Reuben

PowerPoint presentation of YWCA: Smruti Shinde and Husena Barodawala.

Dr. Phadke professor at TISS and co–author of the book **Why Loiter? Women and Risk on Mumbai Streets (2011)** spoke on the theme 'Every Safe Space has a Story'.

Two skits were presented:

- Importance of Oxygen' by Byculla community youth
- Domestic Violence, projecting the work of Aasra by YWCA Staff

Nursing and Study Centre students, Fort community youth and senior citizens presented dances.

Successful student entrepreneurs from WDU and AK departments were awarded certificates.

Participants joined enthusiastically in the activity-based games.

Y Vice-president Lalitha Fernandes proposed vote of thanks.



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email: ywcaic@mtnl.net.in Website: <http://www.ywcabombay.co.in>



Staff Picnic

On 6th March 90 Y staff members went for a picnic to Shangrila Resort and Amusement Park, Mumbai-Nashik Highway, Bhiwandi. The journey to the resort was an enjoyable one because of the pleasant scenery and the singing in the bus.



After having breakfast, some staff members went to the pool, water slides and participated in the rain dance. All had a good time in the Amusement Park.

It was a day filled with love and good cheer, and will be cherished and remembered for a long time. A big thank you to the Committee and Board members.

Spiritual Emphasis

An **overnight retreat** was organized on the 27th and 28th February at Atma Darshan, Andheri. The theme of the Retreat was 'Living out the Gospel'. Pastor James Ebenezer and Eunice James from a church in Kharghar were the speakers.

The participants were blessed, physically in a relaxed atmosphere away from the daily chores and spiritually with practical lessons

on living out the Christian faith in today's times.



BELAPUR: Anugraha Hostel, Sector 8, CBD-Belapur, Navi Mumbai- 400 614 Ph: 27570786
email: ywcabelapur@gmail.com



World Day of Prayer (WDP) was held on 1st March, at Byculla.

The programme was as follows:

Theme: "I Beg You... Bear With One Another In Love".

Welcome: CP Gissy Jacob.

Opening Prayer: Rev. Samuel Christdoss

This was followed by a parade of all the committee members, dressed as Palestinian women, carrying baskets of fruits, flowers, olives, olive oil and leaves, bread, cacti.

The suffering of women in this war-torn country were shared. Lena, Eleanor and Sarah, Palestinian women who related their woes in these turbulent times were also shared.

A Prayer for Peace: Lalitha John.

Scripture reading: John 14 :1-12 by

Susy Babychan.

Intercessory Prayer and the Lord's Prayer:

Suneela Arun Kumar

Introduction of Guest Speaker, Asha

Engineer: Prabhavaty Christdoss.

Vote of thanks: Staff Christina.



Participation and Involvement of Youth in Action (PIYA)

Women's Circle

A session on Women's Circle – creating a safe space for women, was conducted for the students of Salvation Army, at Byculla on 8th March by resource persons Violet D'Souza (P.G. Counselling Psychology) and Ronita D'Souza (M.A. Clinical Psychology).

The participants included 45 plus students, Warden-Captain Leela Pawar and Lieutenant Anandarani.

Students participated in all the activities, as they could relate to the topics covered, share their thoughts and give a positive feedback. They expressed a common desire to have such sessions regularly.



Lt. Anandarani, Violet D'souza, Ronita D'souza and Capt. Leela Pawar were each presented with a copy of the book on the history of YWCA, brochure, a Thank-you card and a potted plant. The feedback-forms confirmed that the session was well-received by the students.

Lt. Anandarani expressed her gratitude towards YWCA for conducting the session.

Women's Development Unit (WDU)

Toy Bank sessions were held in February for 77 Balwadi and Creche children at Byculla, Belapur, and Fort.



An Exposure visit to Bal Asha Trust was arranged for 63 nursing students on 29th February.



Nursing

Nursing Department hosted '**Anand Mela**' on 23rd February for study class, nursing and bakery students, parents and visitors at Byculla.

Bal Asha Trust is a charitable organization that helps abandoned and marginalized children in Mumbai through adoption, child development and educational programmes.



Health: Medical Health Check-up Camp was conducted on 6th February for 93 beneficiaries at Byculla.



Medical Health Check-up Camp

Awareness Sessions

A session on **Mental Health** was conducted by Dolcy D'Souza for 17 participants on 9th February at Shivshakti Nagar, Fort.

- Preparation and planning of study time during examinations
- Handling exam-related stress
- Nutrition during examinations



NMMC scholarship form-filling camp was organised for 60 students at Belapur.



Communicable Diseases and First-aid:

A session on Communicable Diseases and First-aid was conducted by Nursing teacher Akshaya More for 59 participants in February for Geeta Nagar and Belapur community.



Special Events:

- 1) Chembur Area organised sports meet for 34 community women on 9th February. Two persons from the community donated biscuits and water bottles to the participants.



Adolescent Group:

Chembur Community: On 19th February a meeting was conducted with 12 student-participants. The following points were discussed:



2) An Exposure visit-cum-picnic to Samarth Ashram, Jeevan Aanand Sanstha and L.D. resort at Virar was organized for 250 community women from Belapur, Chembur, Fort and Byculla on 14th February. Jeevan Aanand Sanstha work towards the rehabilitation of the aged, poor and needy.



- To raise awareness of women's rights, more than 24 Mumbai-based network organizations planned an International Women's Day activity on 9th March. A human chain carrying placards with slogans was created on the pavements of the road connecting Dadar Swami Narayan Temple and Khodadad Circle. 20 women and 6 social workers from WDU participated in the event.

Sustainable Livelihood:

Nail Art and Mehendi stalls were put up on 2nd February by 6 Youths from Chembur and Geeta Nagar communities at TISS campus.



Women's Day Celebrations

WDU and Membership Committee jointly celebrated Women's Day on 9th March for 49 parents at Mumbai Public School, Deonar. Assistant Co-ordinator Archana Lade and Social Worker Deepika Tambe spoke about the different courses offered by YWCA.



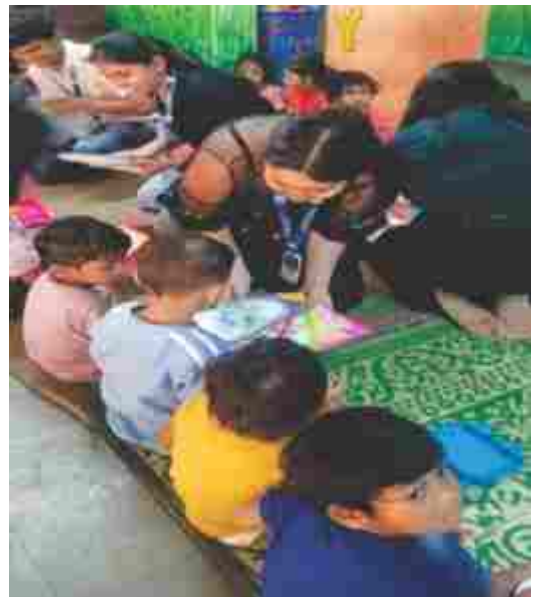
- On 23rd February, a meeting was held with 26 parents of Crèche children during which details about the proposed picnic such as location, etc. were explained and written consent of the parents was obtained on consent forms.



- On 24th February, 26 children accompanied by 5 teachers went for the picnic to Pushpa Park, Juhu.



- On 25th February, students of Bhavan's College, Andheri conducted a social activity for Crèche and Study Centre children. Notebooks, colouring books, pens, etc. were distributed to the children.



Shelter Homes

The residents of Ashray and Ummeed Shelter Homes celebrated International Women's Day on 10th March at Ashray Shelter Home. The programme began with a welcome song followed by devotion.

The purpose of this event was to motivate and bring out the best in each one of the girls. The event also focussed on the theme **Strength and Empowerment of Women**, sensitizing them to their role in today's society. CP Sharon Solomon gave a short speech on the above theme. The resident girls took the initiative to organise dances. Some spoke about the status of women today, and the need to improve their present status by changing mind-sets.

The programme was well-organised and brought out the message of **gender equality**.

The girls were dressed beautifully. There was excitement and happiness all around. It was indeed a great day.



Area Reports

Andheri: 29 members attended meeting on 7th March. Devotion was led by Priya Daniel. Members celebrated International Women's Day. Guest speaker from Happy2age conducted brain games and also explained the importance of being active after 55 years of age.



Activity by members

Bandra: 11 members attended meeting on 2nd March at Asha Kiran. Members celebrated Women's Day. Some members shared their life experiences during difficult times which were a source of inspiration to all present.

Belapur: 8 members attended meeting on 4th March. Devotion was led by Vimala Kakara. Members visited Immanuel Mercy Home and distributed groceries. Lunch was served to 115 residents. Dr Suneela Sanjeev gave a talk on **Health and Hygiene**.

FORT: Lady Willingdon Hostel, 18 Madame Cama Road, Fort,
Mumbai 400 001. Email: ywcalwh@rediffmail.com

Ph: 22020122
22823411



Visit to Immanuel Mercy Home

Borivali: 7 members attended meeting on 6th March. Devotion was led by Threezza Martis. Members practised for Sacred Music. A visit to Dilkhush Orphanage at Gorai was organised. On behalf of YWCA footwear was distributed to the boys. Groceries were donated by 2 members.

Anita Nandoskar gave an inspiring talk on **Love and Respect for Parents especially Mothers.**



Visit to Dilkhush Orphanage

Byculla: 7 members attended meeting on 4th March. Devotion was led by Rekha Joshi. Members discussed the skit to be performed at Sacred Music programme.

Chembur: 11 members attended meeting on 1st March. Devotion was led by Nita Jacob. Members discussed Sacred Music programme.

On 7th March, 8 members from Chembur and 1 member from Bandra visited Mahim Nature Park. On 9th March 7 members celebrated Women's Day with 40 parents of children attending Mumbai Public School (BMC School) at Deonar. WDU Coordinator Archana Lade and Social Worker from Shivneri explained the various courses run by YWCA and explained the government schemes available for the underprivileged. The participants were provided with YWCA contact numbers and were offered all possible assistance. The parents expressed appreciation for the session. The Principal of the School was gifted a potted plant.



Information about Y courses

Fort: 17 members attended meeting on 7th March. Members celebrated International Women's Day along with birthday of area CP. Members participated in games and housie and won prizes. A return gift was also distributed to all.



Prize Distribution

Programmes and Committee Meetings for April 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Byculla Area 10.00 am Prayer fellowship followed by Area Meeting	3 Borivali Area 11.30 am	4 Fort Area 10.30 am PASI Meeting 2:00 pm Byculla	5 Chembur Area 3.30 pm Jubilee Mela of AK Complex 2 to 9 pm Andheri	6 Bandra Area 3:00 pm WDU Meeting 11:00 am Byculla Silver Jubilee Celebration of AK Complex 5.00 to 8.00 pm Andheri
8 Belapur Area 11.00 am LWH Meeting 4:00 pm Fort	9 ABH Meeting 1:00 pm Byculla Shelter Homes Meeting 1:00 pm Andheri	10	11 Spiritual Emphasis Meeting 11:30 am on Zoom DDH Meeting 12:00 noon Andheri Andheri Area 3.30 pm	12 Anugraha Meeting 11:00 am Belapur PIYA 7.00 pm on Zoom	13 AK Meeting 12.00 noon Andheri Membership Meeting 10.30 am on Zoom IC Meeting 10.30 am Fort PR Meeting 1:00 pm zoom
15	16	17 Jottings Meeting 11.00 am Byculla General Hostels Meeting 1:00 pm Andheri	18 Buildings Meeting 11.00 am Anugraha	19 SGMA Meeting 11.30 am Byculla	20 HR Meeting 10.00 am on Zoom
22 Finance Meeting 10.00 am on Zoom	23	24 World YWCA Day 10.30 am Byculla	25	26	27 Board Meeting 10.00 am Byculla
29	30				

DROP IT IN

If you do not receive a copy of the JOTTINGS for the month please inform our Byculla office immediately.

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