



By Love Serve One Another

JOTTINGS

Faith in God the Father Almighty
and in Jesus Christ His Only Son Our Lord and Saviour
and in the Holy Spirit

Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation only

No. 293 October 2023

President's Message

Blessy Babychan

I reach out to you today with a profound sense of gratitude and purpose, as we reflect on the past and set a course for the future. As we embark on the year 2023-2024, I am reminded of the timeless wisdom found in the Bible, which underscores the significance of involving all members and areas in the decision-making processes. In Proverbs, 15:22 it is written: "Plans fail for lack of counsel, but with many advisers, they succeed." We are reminded that the collective wisdom and involvement of all members and areas are essential for our success and progress.

Today, I wish to share with you a three-point action plan that will guide our endeavors in the upcoming year which we will drive diligently;

1) Involvement of All Areas in Decision Making and collaboration:

We commit to fostering a culture of

inclusivity and collaboration within YWCA. We understand that the input and perspectives of every member and every area are invaluable in making well-informed decisions. To achieve this, we will implement regular forums for cross-functional discussions and ensure that voices from all corners of YWCA of Bombay are heard. By doing so, we will harness the collective wisdom that resides within us to chart a course for our shared success.

2) 150 Year Celebration - New Projects and Activities:

As Psalms 90:12 says, "Teach us to number our days, that we may gain a heart of wisdom." As we prepare to celebrate 150 years of our organization's journey, we are reminded of the importance of marking milestones and looking to the future with wisdom. This year, we will embark on exciting new projects and activities to

commemorate this historic occasion. These initiatives will not only celebrate our legacy but also propel us into a future filled with opportunities and growth.

3) **Continuity of SGMA:**

Drawing inspiration from the Apostle Paul's letter to the Corinthians (1 Corinthians 14:40), which states, "Let all things be done decently and in order," we commit to ensuring that YWCA runs efficiently and effectively. The SGMA will continue to be a cornerstone of our efforts, and we will extend its principles to other departments. By putting systems and processes in place across the board, we will enhance YWCA's capacity to fulfill its mission and serve its members.

In conclusion, I want to emphasize that our journey ahead will not be marked solely by the actions of the current leadership. Instead,

this Board will actively seek to develop new leaders within our membership. In line with the principles found in Acts 6:3, which speaks of choosing leaders who are "**full of the Spirit and wisdom,**" our nomination committee will identify and provide opportunities to new leaders, ensuring the continuity and vitality of our organization.

As we move forward into the year 2023-2024, let us remember the spiritual wisdom that calls us to involve all members, celebrate our history with wisdom, and ensure order and efficiency in our work. Together, with faith and dedication, we will chart a course toward a brighter and more prosperous future.

Thank you, and may God bless our endeavors.

God's Care for Even Smallest Creatures **Jennifer Talwalker**

It is a sad thing that our city has few sparrows. Therefore, to my delight a pair of them have just chosen to nest right above our windows facing noisy Lamington Road.

Jesus used this small bird to teach us how He cares for all tiny creatures and how much more He cares for us.

Unlike us, God values the smallest of this

creation, the outcaste, the weak. When we have been put-down or laughed-at we should remember we still are valued by our Father God. St Matthew repeats the advice not to worry, but always trust God as in his verse 6:26 "Look at the birds in the sky; they do not sow or reap, they gather nothing into barns, yet your heavenly Father feeds them".

What a blessing!

Birthdays in October

Date	Member	Area	Staff
1st October	Vera Correia	Andheri	
1st October	Shymala Dhareshwar	Andheri	
1st October	Martha Dias	Fort	
3rd October	Esther Kurian	Byculla	
3rd October			Dashrath Beloskar
5th October	Vimal Alex	Byculla	
5th October	Jayshree Bardey	Byculla	
5th October			Priya Dongre
6th October			Subramanian Gomathi
8th October			Nachita Desai
9th October			Ranjana Jadhav
10th October	Lalitha Fernandes	Borivali	
10th October			Vinod Kamble
10th October			Asha Bhosale
10th October			Rasika K Dabre
12th October	Grace Nitin Dongre	Y Deepa	
13th October	Nilambari Ahir	Byculla	
14th October			J. D. Solanki
16th October			Deepak Girigosavi
17th October	Daisy Jacob	Chembur	
19th October	Patrica Furtado	Bandra	
19th October			Shashikant Bhatkar
20th October	Sushila Dev Gupta	Andheri	
21st October	S Rajalakshmi	Andheri	
23rd October	Satyam Balachandran	Chembur	
24th October	Shobha Bhatia	Andheri	
25th October	Tehzeem Ahmedabadwala	Andheri	
26th October	Agnes Monteiro	Borivali	
29th October	Priya Daniel	Borivali	

WE Love You !!!



Sweet Notings

- Sharon Pires

**She makes the world bright,
But she struggles to see the light
Let this not be her plight
We must take up the fight
And do our part to set things right.**

A challenge to all of us at YWCA as we celebrate International Girl Child day on 11th October, let's make a renewed effort to reach out to every girl child and be a beacon of hope. Every girl must feel pride and joy in their achievements, we must recognise promote and nurture them – so that they are not left behind. Every girl is beautiful and unique and we need to appreciate them. They do face struggles, often due to the structures and biases prevalent in society and we need to address these, and work for their redressal. Think of a world without a girl, it is as impossible as a world without water.

To care for someone who once cared for us is one of the highest honours and greatest blessings.

You have shared your love, joy, goodness, knowledge, time and wealth with us, given us so many happy moments and taught us a lot of what we know, values and behaviour we have imbibed, stories of triumph and struggle which you have overcome have all served as an inspiration and guide throughout our lives. Now it is our turn the younger generation to step in and make your days comfortable and happy. Give us this opportunity. Don't regret growing old, it's a privilege denied to many. Let's celebrate you. Happy World Elders day on 1st October. Enjoy your day.

**EMPLOYEE OF THE MONTH
SEPTEMBER 2023**

This is hereby given to
Ms. Rohini Ashok Hedavale
Beautician Teacher (Asha Kiran)

In recognition of your
outstanding performance, hard
work and dedication.

YWCA OF BOMBAY

Quote

Spiritfilled Christians
do not live defeated
lives.....They operate from
a win-win position.

— Priya Dongre



Rare Facts

Angel Falls called Salto Angel in Venezuela with a height of 979 metres i.e. 3212 ft is the highest waterfall in the world.



In Memoriam

Vimal Samuel Amolik ex- Byculla Area member passed away on 13th September.

We pray for God's comfort and peace on the grieving Family.

Announcement



Your Feedback on Jottings - Newsletter may be sent to Mildin Nadar, Staff designate at jottings@ywcabombay.co.in

Annual General Meeting

The 148th AGM of the YWCA of Bombay was held on 16th September 2023 at Byculla. Seventy-seven members were present. YWCA President, Blessy Babychan delivered the welcome speech. Mary Mathew led the devotion. Blessy Babychan launched our new website. Devotion Book was released by President and Spiritual Emphasis Team. Youth member Saisha

Bachha spoke on the theme 'WeMPOWER, Leaving No One Behind. Treasurer, Sharon Solomon presented the Treasurer's Report for FY 2022-23. Priya Dongre and Vidula Raj presented the various programmes of the YWCA that were conducted throughout the year.

President Blessy Babychan dissolved all the Committees of the Board of Management for FY 22-23. Chairperson of the Nominating Committee Vinita Reuben presented the report and declared the Election results. The newly elected President Blessy Babychan, members of the Board of Management and the Nominating Committee members for the year 2023-24 took the oath by raising their hands to serve the YWCA faithfully. The President delivered the acceptance speech and asked each member to focus towards the continuing and new projects like home for senior citizen, new shelter home etc. The AGM closed with greetings and blessings to the newly elected Board.

The AGM closed with greetings and blessings to the newly elected Board.





PIYA Report on Artificial Intelligence

Piya committee organised AI (Artificial intelligence) session for 80 residents of LWH and Anugraha Hostel in July. The Guest speaker Rissy Charly Chitteth shared important points. At its core, AI is a branch of computer science that focuses on creating machines and software that can think and act like humans. AI systems are designed to learn from their environment and make decisions based on what they learn. This means they can be used to automate processes, recognize patterns, and even solve complex problems. AI is used in many different industries, from healthcare to finance to manufacturing. AI systems are powered by algorithms that allow them to process data and make decisions. These

algorithms are typically based on machine learning techniques such as supervised learning and unsupervised learning. Supervised learning involves providing an AI system with labeled data so it can learn from it; unsupervised learning involves allowing an AI system to explore data without any labels or guidance. Both techniques enable an AI system to identify patterns in data and make predictions about future outcomes.

YWCA in collaboration with Bombay Catholic Sabha organized an awareness session on 23rd July at St Andrew' Unit (Bandra). Following sessions were conducted:

- Self Defence workshop by Dipika Vaz, Krav Maga, Global India
- Safety precaution and procedures for lodging a complaint by Bandra Police
- Talk on safe spaces by Annie Cardoz.



Asha Kiran

1. Independence Day was celebrated on 14th August with the crèche children. Face Painting of the national flag activity was conducted joyfully with the children. Frooties and chocolates were distributed. In all a total of 22 students participated.



2. Sports Day was celebrated on 24th and 25th August. A total of 22 children participated. Games like running, basketball, jumping run, Rabbit jump, Lemon spoon race were conducted. Children had a good time and enjoyed to the fullest.



3. Crèche parents meeting was conducted on Tuesday, 29th August. Total 20 parents were present. All were happy about the progress of their children. Topics like Children Safety, Education and Child Rights were discussed. The parents were also informed about our skill development classes. The response was very good.



4. Teachers' Day was celebrated on 5th September. Study centre, Parlour and Tailoring Students participated. Programme started with a word of prayer by Priya Daniel, AK Chairperson. Study center children conducted the whole program. Speeches were given by the students. Songs and dances were also performed. Games were played among the teachers. Gifts were distributed to the teachers along with lunch. 65 participants along with members enjoyed the programme. Programme ended by with a motivational speech by Indira Jenna AK committee Member. Chocolates were distributed to all.



Women's Development Unit (WDU)

➤ Celebrated Independence Day programme with all balwadi and crèche children in August.

Centre	No. of Participants
Belapur	83
Chembur	21
Fort	45
Byculla	27





Health :

- General Medical health check-up camp was organised at Fort and Byculla in August for 220 beneficiaries.



C. Fort : Dolcy Dsouza conducted a session on POCSSO on 26th August.

➤ Senior citizen group:

Chembur: Regular Yoga sessions are being conducted for 21 Senior citizens.

➤ Capacity building Programme:

All Para social worker attended Meninism programme was conducted on 12th August at fort with 49 men and youth beneficiaries. First time in YWCA of Bombay history we had a programme purely for men and their issues. This inclusion will help the community at large and will go a long way in making an impact in society. Guest speaker Advocate Janki Hemani conducted this session. YWCA IC and Fort male staff also attended this programme. G.S. Therese George, A.S. Priya Dongre, and Chairperson Sharon Solomon attended this programme.



C.P. Sharon Solomon, Indira Jenna, Nisha Misal, Sulbha Gopane met 15 transgenders for an informal meeting to understand their needs and requirements on 31st August.



➤ Staff Capacity Programme:

Feed back

Kiran Patil a Parasocial worker from Fort community attended a YWCA 'First Aid' training programme. This enabled her to rescue her friend travelling with her in the train using the training she received. She thus created awareness of our YWCA.

a. Sustainable Livelihood:

- Chembur: Deepika Tambe conducted a monthly meeting with 2 Self Help groups on 11th August.
- Fort: Kian Patil conducted a meeting with Bhakti Mahila Bachat Gat on 4th August.
- Byculla: Community women received Gharghanti and Sewing machine from BMC. They were empowered to contact the BMC directly.

b. Success Stories –

Meena Hosmani -Sweeper to Business Executive!

Meena Hosmani – My journey began as a sweeper at International Centre YWCA Fort. I was later transferred to YWCA Anugrah Belapur. There I met Para Social Worker Ms. Sulbha Gopane, who encouraged me to pursue further studies. She helped me to secure admission at the Yashwantrao Chavan Maharashtra open university. Where I completed my graduation. Later I also did my Para social workers course at St. Pious College ex. centre of Nirmala Niketan. I truly want to thank YWCA leaders and team who supported and guided me in the right direction. Today I am working as a Business Executive at Tech Mahindra. I give credit to YWCA in helping me

BELAPUR: Anugraha Hostel, Sector 8, CBD-Belapur, Navi Mumbai- 400 614
email: ywcabelapur@gmail.com

Ph: 27570786

upgrade myself from a sweeper to a Business executive.

Neelam Kadam – I am truly grateful to YWCA for their contribution in my life. I have learnt many things being in the YWCA. I did my beautician course and also Tailoring course at the YWCA. Their regular awareness sessions help me increase my knowledge. Madam Vaishali Shinde the Para Social worker guided me to do teachers training at the Mumbai Mobile Crèche'. Because of YWCA's support today I am working as a Pre-Primary teacher. I am financially independent. I acknowledge the good work of YWCA in the lives of many women like me. I am truly grateful to YWCA team.

Aasra :

- Dolcy D'Souza conducted a session on POCSO on 26th Aug at Fort for 41 adolescents.

Success Stories:-

A lady came to Aasra for help as her blind husband was forced out of the house. Aasra took three meetings with her family members and counselled them but of no effect, After referring to Agripada police station her maintenance of Rs 5000/- started. Thanks to YWCA. She is now a study class teacher leading a better life.

➤ A Shopkeeper from Andheri brought a 16 year old girl to Asha Kiran. She was found at Andheri Station. After required procedures she was kept in the shelter home. After help from the staff and members of shelter home, WDU and Administrative Secretary, she is now handed over to her family.



Bakery •MSBSDE Result of year 22-23

Sr No	No of students appear the exam	No of students 60% and above	No of students 70% and above	No of students 80%and above	No of students failed
1	25	4	11	8	2

International Center: 18, Madame Cama Road, Fort, Mumbai 400 001 Ph: 22025053 / 22826814
 email: ywcaic@mtnl.net.in Website: <http://www.ywcabombay.co.in>

website: <http://www.ywcabombay.co.in>

Rank holders of MSBSDE

Cookery, Bakery and Confectionery

- i. Fatma Chaudhary 84.83%
- ii. Amreen Sadiwala 82%
- iii. Iqraa Tinwala 81.33%

Bakery and Confectionery

- i. Devendra Chand 87.50%
- ii. Ashish Mandadkar 81%
- iii. Ganesh Kamble 76.67%

● Placements

1. Aneta More Passion Fruit 12500/- + Incentive
2. Rayyan Shaikh Passion Fruit 12500/- + Incentive

Nursing:

1. MSBSDE Exam July 2023 results declared (Batch 2022-23)

Total student who appeared for the Exam – 61

- Distinction – 13
- First class – 37
- Second class – 11

2. Clinical internship for nursing students will start from 3rd October 2023 in the following Hospitals.

- Central Railway Hospital
- Jagjivan Ram Hospital
- BSES Hospital
- Parsee General Hospital
- Ruxmani Hospital

Information:

Received Handkerchief - 40, Nail cutter 10, Comb 10 and Soap 40 from Ratnanidhi Charitable Trust.

Shelter Homes -

Teachers' Day was celebrated on 5th September.



- An awareness session was conducted on Dengue and general diseases for Shelter Home residents on 17th September. Resource person Rohini from Brihanmumbai health center, Borivali gave good information about Dengue and other viral disease that occur during monsoons. She also explained how to take care of women during menstruation.



PASI

- a) '**BREAK THE SILENCE STOP THE VIOLENCE**' session was held on 29th August at Fort. The total participants were 51 (47 + 4 staff). This programme was attended by Principal and the management staff from St. Anne's

FORT: Lady Willingdon Hostel, 18 Madame Cama Road, Fort,
Mumbai 400 001. Email: ywcalwh@rediffmail.com

Ph: 22020122
22823411

school and Holy Name school, YMCA staff, Bombay Catholic Sabha, MAVA and members attending church services in the Fort area. Guest speaker Adv. Aileen Marques highlighted various Constitutional Women's Rights.

This was followed by a short candle light prayer service. Each participant was given black satin ribbon as a sign of solidarity.

The talk was informative.



- b) An online awareness session on **Conservation of the Mangrove Ecosystem'** was conducted by **Prof. Luke Gabriel Mendes** on 1st September for 35 participants.

The session began with a welcome CP Lalitha Fernandes and introduction of

the guest speaker by Jane Rodrigues. **Prof. Luke Gabriel Mendes** shared an in-depth advantages and disadvantages of Mangrove Ecosystem. Mangroves creates new lands as a byproduct of its ecosystem.

Tickle Your Tastebuds

Angela

LOW CARB CHICKEN TART

Ingredients:

- 250 gms chicken mince paste
- 15 garlic cloves
- 1 inch pc of ground ginger paste
- 200gms grated cheese
- 3 eggs beaten well
- 1/2 cup fresh cream
- 1sprig celery+ parsley
- 15 pepper corns coarsely powdered
- 2 tbsps. of red wine vinegar
- 2 tbsps. of fried onion powder

Method:

- Beat the eggs.
- Mix in chicken mince garlic and ginger paste, pepper powder, cream, salt to taste, red wine vinegar. Place the mixture in a baking tray, decorated with cheese, red, yellow green capsicums, parsley, celery, onion powder.
- Preheat oven to 350°
- bake tart, till you want it brown and crispy on till cooked.
- Enjoy your tart... the way you want it.

Area Reports:

Andheri: 28 members attended the meeting on 7th September. Devotion was led by Sadhana Powar. On the occasion of Teachers' Day members share their experience as teachers. Members performed the Ekta programme dance.

Bandra: 3 members attended the meeting on 2nd September. Devotion was led by Flavy D'souza. Clotilda D'souza conveyed to the members why it is important to vote and attend the forthcoming AGM. The meeting ended with a prayer for Fatima Gomes and Meeta Maheshwari

Byculla: 9 members attended the meeting on 5th September. Devotion was led by Emema Christy. Vanita Narvekar explained how to fill the ballot forms.

Belapur: 7 members attended the meeting on 4th September. Devotion was led by Mary Mathew. Jyotima Rajput gave a talk on 'Cyber Security'. It was a very informative session. She has given a few sites where we can check out many aspects. CP Mary Mathew informed all members about the election process and guidelines.

Borivali: 7 members with 1 guest attended the meeting on 7th September. Devotion was led by Geeta Daniels. Members plan to have an outreach activity in October. Angela Fernandes gave a vote of thanks.

Chembur: 6 members and 4 guests attended the meeting on 1st September at Seva Dhan. Devotion was led by Mary Cheru. On 5th September Onam lunch was prepared by members and served on banana

leaves. Members were dressed in traditional attire. It was truly a great time of fellowship.



Report of Andheri Area on Silent Protest:

Speak Up!! Speak Out!!
“First they came for the Communist and
I did not speak out.....
Then they came for Socialists and
I did not speak out.....
Then they came for the trade unionists and
I did not speak out.....
Then they came for the Jews and
I did not speak out because
I was not a Jew
Then they came for ME
And by that time
There was no one left
To speak out for me”

This quote attributed to the prominent German Pastor Martin Niemoller rings sharply in my ears.

The Andheri, Asha Kiran Branch of Y, organized a meeting 'Restoring Dignity and Safety of Women' a peaceful gathering to express solidarity with the women of Manipur and against increasing number of crimes and atrocities towards women. A motley group of over 150 women, men, students and Y members from all areas gathered at the conference hall of Asha Kiran.

The speakers Manisha Mangeshkar - Trustee of AL Ministries, an NGO involved in Youth Women Ministry, Mr. Dolphy D'Souza - President Bombay Catholic Sabha, addressed the packed house. Manisha spoke on how everything starts from home and if we do not stop violence at home, it will go on the streets. She also spoke on the rights of women addressing the young girls who were in the audience.

Dolphy gave us the entire incident/ picture of exactly what happened in Manipur. How people play an important role during this extremely difficult time and also the role of media in not showing the ground reality, biased opinion, etc. He also encouraged the audience to call the different religious background people and have a meal with them to break the ice/or to maintain the peaceful, healthy atmosphere.

He also challenged the audience to stand and support when we see injustice happening around us irrespective of caste or creed. It was followed by a very interactive question and answer session. After the session, all who were present took the banners and came down for a peaceful protest. Members holding the banners stood outside the gate to show our solidarity.

The local Police Station - D. N. Nagar police personnel were present just to monitor the session. There may be times when we are powerless to prevent injustice, but there must never be a time when we fail to protest. It was a powerful and meaningful protest that will remembered.



Election Result for the year 2023 -24 Office Bearers of the Association

President	Blessy Babychan
Vice President	Shobha Bhalla Lalitha Fernandes
Honorary Treasurer	Pavana Anchees
Assistant Hon. Treasurer	Lavina Shirsat
Recording Secretary	Priya Daniel
Newly Elected Board Members:	Annie Cardoz (YBM) Nikita Panhalkar (YBM) Priya Daniel Renuka Reuben Mrudul Raiborde Gissy Jacob Suneela Kumar
Continuing Board Members:	Blessy Babychan Lalitha Fernandes Lavina Shirsat Shobha Bhalla CA Santhi Liju Emema Christy Pavana Anchees
Nominating Committee:	
Chairperson	Mary Cheru
Member from the Board	Shobha Bhalla
Non-Board Members	Sharon Pires Shama Chatterjee Lovey Pariyaram Nutan David Priscilla Albuquerque

DROP IT IN

If you do not receive a copy of the JOTTINGS for the month please inform our Byculla office immediately.

BYCULLA : 75, Motlibai Street, Near Maratha Mandir, Byculla, Mumbai 400 008.
Achamma Bhavan Hostel, Institute of Nutrition and Baking
Vocational Training Institute. email : ywcajottings@gmail.com
website: <http://www.ywcabombay.co.in>

Ph. : 23096544
23096555
23020469