



By Love Serve One Another

# JOTTINGS

Faith in God the Father Almighty  
and in Jesus Christ His Only Son Our Lord and Saviour  
and in the Holy Spirit

**Happy  
Teachers'  
Day**

## Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

**For Private Circulation Only** **No. 292 September 2023**

## Sweet Notings

**Sharon Pires**

**Only by giving are you able to receive more than you already have – Jim Rohn**

Giving and receiving is the joyful experience that enhances the life of both the giver and the receiver. Acts of charity help people reach out to make a difference and bring about positive change. Teachers are giving souls. Let's celebrate giving souls - our Teachers, on 5<sup>th</sup> September and also International Charity Day with our generous donors.

**The beautiful thing about learning is nobody can take it away from you – B. B. King**

Whatever we learn and implement remains with us, no one can take it away. Our learning when shared permeates among others in the community, thus spreads and helps more people grow as well as learn from them. We can inculcate a culture of

learning and growth through our sincere efforts especially on International Literacy Day on 8<sup>th</sup> September.

**When the power of love, overcomes the love of power the world will know peace – Jimi Hendrix**

Today more than ever before, peace has become so valuable and important. When we look around us, the world over, we can see and experience the ill effects of war, crime and hatred manifesting itself so prominently. When the power of love is so strong and abundant that it overtakes the love for power which is grossly prevalent, peace disappears into oblivion and becomes a distant dream. Let's pledge to embrace love and spread peace on 21<sup>st</sup> September as we celebrate International Day of Peace.

## Elections

**Date: Saturday, 16<sup>th</sup> September 2023**

**Time: 10.00 am to 02.00 pm**

**Venue: YWCA of Bombay, 75, Motlibai Street, Near Maratha Mandir,  
Byculla, Mumbai 400 008.**

***(Please carry your Membership/Aadhar Card)  
(Lunch will be served and a movie screened from 12.30 pm)***

**Followed by**

**Annual General Meeting from 03.00 pm to 05.00 pm**



## Birthdays in September

**Wishing you another  
wonderful year of  
Happiness & Joy**

**We Love You !!!**

Date	Members	Area	Staff
1 <sup>st</sup> September	Jane Gillian Rodrigues	Bandra	
2 <sup>nd</sup> September			Vidya Pardhe
3 <sup>rd</sup> September	Esmeralda Dmello	Bandra	
3 <sup>rd</sup> September	Maraline Fernandes	Borivali	
4 <sup>th</sup> September	Geraldine Dmoore	Bandra	
4 <sup>th</sup> September	Deodita Barretto	Andheri	
4 <sup>th</sup> September			Emmanuel David
6 <sup>th</sup> September	Yvonne Alphonso	Bandra	
6 <sup>th</sup> September	Sarah Oommen	Belapur	
7 <sup>th</sup> September	Priyadarshini John	Belapur	
8 <sup>th</sup> September	Smita Pathak	Andheri	
9 <sup>th</sup> September			Kasturi Manchekar
9 <sup>th</sup> September			Sadhana Misal
10 <sup>th</sup> September	Meena D'souza	Andheri	
12 <sup>th</sup> September			
14 <sup>th</sup> September	Sylvia Sprida Fernandes	Andheri	
14 <sup>th</sup> September	Josephine Fernandes	Bandra	
16 <sup>th</sup> September			Vandana Bhoite
19 <sup>th</sup> September	Mercy Itty	Belapur	
22 <sup>nd</sup> September			Sangeeta Waghela
23 <sup>rd</sup> September	Pavana Anchees	Belapur	
24 <sup>th</sup> September	Dr. Ratna Bhattacharya	Fort	
24 <sup>th</sup> September			Vaijanti Mane
25 <sup>th</sup> September	Viola Ohol	Byculla	
26 <sup>th</sup> September	SMP Cynthia	Byculla	
26 <sup>th</sup> September	Mallika Amulraj	Andheri	
27 <sup>th</sup> September	Lisa Aby	Y-Deepa	
28 <sup>th</sup> September			Sejal Kokate
29 <sup>th</sup> September			Nirmala Samel

**International Centre** : 18, Madame Cama Road, Fort, Mumbai - 400 001.  
e-mail: ywcaic@mtnl.net.in

Ph. : 2202 5053 / 22826814

## Upskilling for Women & Children

### Maharashtra Government Certified Diploma Courses (one year)

- Cookery, Bakery and Confectionery
- Bakery and Confectionery
- Nursing Care

### Short-term Skill-based Certificate Courses (Basic and advanced)

- Tailoring
- Beautician
- Mehendi

### Subsidized Education & Training

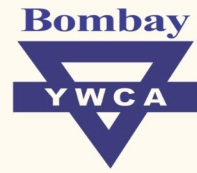
- Balwadi
- Creche

### Free study-class facility (1st to 8th std)



#### For further details contact:

YWCA Belapur - 9326172029  
YWCA Byculla - 8424812240  
YWCA Chembur - 9792777511  
YWCA Fort - 9869652178



## Learn Culinary Art at YWCA

- Craft Course - Cookery, Bakery & Confectionery
- Craft Course - Bakery & Confectionery
- Affiliated to Maharashtra State Board of Skill Development
- Internship will be provided at 5-star hotels

For more details kindly contact  
Bakery Department

2309 6544

## Quote

As much as the WORD OF GOD encourages.... It also brushes us on the wrong side..... And that's exactly what its supposed to do....

– Priya Dongre



## In Memoriam

- Lakshmi Menon sister of Indira Menon, Chembur Area Member Passed away on 10<sup>th</sup> August 2023.

We pray for God's comfort and peace on the grieving family.



Your Feedback on Jottings - Newsletter may be sent to Mildin Nadar, Staff designate at [jottings@ywcabombay.co.in](mailto:jottings@ywcabombay.co.in)

## Nominating Committee Announcement

Resumé of the candidates standing for election 2023 - 24 will be displayed on all the Notice Boards and the photos (hard copy) only at Byculla Notice Board from Wednesday, 6<sup>th</sup> September 2023

## Independence Day Celebrations

Independence Day was celebrated with great enthusiasm and fervor by all in LWH. The Flag was hoisted by the LWH CP and all sang the National Anthem with great pride. Speeches were given and one of our residents solemnly recited a Rabindranath Tagore poem. The Fort area, LWH Committee Members, residents, guests, staff attended the programme. Our Hostel which is an example of mini India with its diversity was united in patriotism on Independence Day.



Independence Day was celebrated on 15<sup>th</sup> August at **Asha Kiran**. The Flag was hoisted by President Blessy Babychan. Hostel residents recited a poem on Independence, danced to a patriotic song “Teri mitti mein mil jawa” and gave a speech. 69 guests and residents along with 25 members attended the programme.



**Achamma Bhavan Hostel** celebrated India's Independence Day to commemorate its freedom with great pride and enthusiasm. Byculla area members, residents, staff and guests were present.

A hostel resident welcomed the gathering. Our guest of honor was Mrs. Annie Aranha, a Senior Byculla Area Member who hoisted the National

Flag too. Hostel residents sang a song in remembrance of our freedom fighters. The celebration concluded with a vote of thanks by the hostel secretary.



On 15th August Independence Day was celebrated at **Anugraha Hostel**. Chief Guest was Ms. Chaitrali Sabale (Asst. Police Inspector) of CBD Belapur Police Station, in charge of Women Help Desk Nirbhaya Pathak, committee members, staff, 19 residents and guests were present. CP welcomed the gathering after which a prayer was recited by a committee member. The flag was unfurled by the chief guest followed by the national anthem. Speeches were given by some residents in English and in Hindi. A patriotic song was sung and the place was decorated with colourful rangoli too. The chief guest was gifted with a flower pot. The vote of thanks was given by the hostel secretary.



## Membership

The Membership committee organized 'Ekta' programme on 19<sup>th</sup> August at LWH Fort on the theme: 'Go Green'.

A talent show was organised where members were given an opportunity, to show case their talent. It not only helped the participants to showcase their talent but also motivated them to come up on stage, face an audience and display their hidden talent. We had a tidal wave of participants who put their heart and soul in preparing themselves for this

event. The talented dancers definitely put a smile on everyone's face. The show had a massive array of events like acrobatic performances, skits, music, group dances and a ramp walk too. Members enthusiastically participated in the talent show and exhibited superb swags, flair and excellent skills in whatever they did. This show would not have been possible without the support of our great hostess Renuka. It was a grand enjoyable, well conducted and well organized event.



ASHA KIRAN : 53, J. P. Road, Andheri West, Mumbai-400 058  
e-mail: ywcaandheri@rediffmail.com

Ph. : 26702831/ 26702863

## Y Deepa

Y Deepa Monsoon Masti programme held on 19<sup>th</sup> August at Asha Kiran, Andheri. 57 children participated. Various activities were organised for children related to their theme 'Monsoon Masti'. The programme concluded with a group dance competition. Prizes and snacks were distributed.



## Spiritual Emphasis

A **Spiritual Emphasis Retreat** took place on 21st July at Anugraha Hostel, Belapur. There were 20 members who attended the retreat from various areas. The Spiritual Emphasis Committee hosted it with the Belapur area members supporting them. The Retreat began with an opening prayer followed by Praise and Worship by members. The speaker was welcomed and felicitated by the Spiritual Emphasis Chairperson Emema Roland.

Rev. Freny Issac of the United Basil Mission (UBC) pastor in charge gave the message focusing on the life of Hagar, taken from Genesis 16. A puzzle activity was also conducted. Some enjoyable games were organised by Suneela Arun. Members gave their testimonies of Gods goodness in their lives.

The retreat ended with a vote of thanks and a closing prayer.



**FORT:** Lady Willingdon Hostel, 18 Madame Cama Road, Fort, Mumbai 400 001. E-mail: ywcalwh@rediffmail.com

Ph. : 22020122/ 22823411

## Women's Development Unit

Balwadi parent's meeting was held at 4 centres. Awareness session on Water borne diseases was organised for the parents.

Visited Geeta nagar community, Colaba along with Sulbha Gopane for an adolescent group survey.

Centre	no. of Participants	Resource person
Belapur	57	Health Assistant Prakash Dongre, Supervisor -Sunita Patil
Chembur	21	CHV Vijaya Doke, Trupti Khadse
Fort	33	Dr. Dharmaprakash Kori Assistant Medical Officer
Byculla	23	PHN Suchita Joshi



### Health:

General Medical health checkup camp organised at Geeta Nagar, Colaba on 24<sup>th</sup> July for 82 Beneficiaries.

### Adolescent Group:

**Chembur:** Conducted awareness on water-borne disease on 28<sup>th</sup> July with 22 girls.

**Belapur:** On 10<sup>th</sup> July Sunita Waghmare conducted a session with students from study class on Water-borne diseases.

### Senior Citizen Group:

**Chembur:** Organised Yoga session with 21 senior citizens on 13<sup>th</sup> July.



General Medical Health checkup camp organised at Shivneri Nagar, Chembur on 27<sup>th</sup> July for 89 beneficiaries.



### Staff Capacity Programme:

Dolcy Dsouza, Asara Secretary conducted a session on POCSO for community staff on 8<sup>th</sup> July.



**Sustainable Livelihood:**

**Byculla:** Two women from Aadarsh Mahila Bachatgat received a sewing machine from the BMC.

**Success Stories –**

**Belapur:** Mahreen Khan had cleared std 12<sup>th</sup> when she came to YWCA. She completed her basic and advanced beautician course from YWCA. After completing the courses, she and her sister have started a parlour at Koparkhairane and now they earn Rs.15000 per month.

**Bakery**

Marriah Navsariwala and Amreen Sariwala received letters of appreciation for their good performances from Oberoi Hotel.



**Placements**

- Chhaya Padwal - Philomena French Patisserie Rs 14000/-
- Devendra Chand - Food Hall (Central Kitchen) Rs 12000/-+Incentives
- Hansraj Jatoliya - Food Hall (Central Kitchen) Rs 12000/-+Incentives
- Ashwini Kadam - Tier Nom (patisserie) Rs 14000/-

**Nursing:**

Hepatitis B vaccination camp was organised on 11<sup>th</sup> August 2023 for 65 Nursing students by the United Way of Mumbai, NGO.

Patriotic singing competition was held on 16<sup>th</sup> August 2023 for Nursing and Bakery students



Akshya More conducted a training on First AID for balwadi teachers and Social workers on 23<sup>rd</sup> July



**Asha Kiran**

On 13<sup>th</sup> July a health awareness session on Monsoon Diseases was organized for 45 beneficiaries. The resource person was Dr. Usha Ubale. She explained different types of diseases that affects us, with the help of a PPT. This was followed by an interactive session.





Asha Kiran helped Andheri Area to organize a talk on Women's Safety & Dignity on 3<sup>rd</sup> August. The Speakers for the day were Manisha Mangeshkar and Dolphy D'Souza.

On 20<sup>th</sup> July a Cyber Crime session was conducted. The resource person was PSI, Mina Bhosale from DN Nagar police station. She explained different types of online crimes and how to prevent online fraud. She spoke about the new Pink What's App and G-pay crime. It was a very useful session for our beneficiaries.



### Shelter Homes

Independence Day was celebrated with residents on 13th August. Residents performed dance and songs and expressed their thoughts about what changed after coming to the Shelter Home and how they became independent. Chairperson gave a good message to residents based on three things - changed life, education and stay focused on God. Guest of honour Santi Liju appreciated the residents and gave a very nice message to our SH girls. Residents gave Happy Independence Day cards to President Blessy Babychan, Lata Clements and Santi Liju as well as the committee members. Thank you to all the committee members from Shelter Home for making the event so beautiful.



Our special resident had a successful cataract surgery. It was done free of cost, Shelter Home spent money for tests, medicines and conveyance.

### PASI

On 7<sup>th</sup> July an awareness session on 'Leadership Skills and Goal setting' was conducted at St. Anne's High School Auditorium, Colaba for 184 (160 students + 8 Teachers + 3 Members + 1 Staff). The resource person was Dr. Shaila Naik. This was followed by an informative and interactive session.



On 10<sup>th</sup> August an awareness session on 'E-waste Management and Responsible recycling!' was conducted at Asha Kiran, Andheri with 48 participants including 2 Staff. The participants included members from NGO Vacha Trust, Jagruti Kendra, MAWA, Bombay Catholic Sabha and the students from NM College. The resource person was Ms. Garima Jindal, the Recycling Company.

The Guest Speaker highlighted the need for 'E-waste management. This was followed by an informative and interactive session.



On 4<sup>th</sup> July an webinar on 'Cancer-Reducing Risk, Early Detection and Control' was conducted online with 35 participants. The resource person was Mrs. Vanita Narvekar, YWCA Member. This was followed by an informative and interactive session.

On 22<sup>nd</sup> July an webinar on ‘**Children Victims of Aggression and Child Labour**’ was conducted online with 36 participants. The resource person was Helen Fonseca, Ex-Member at the bench of magistrates CWC (Juvenile Justice). This was followed by an informative and interactive session.

On 17<sup>th</sup> August an awareness session on ‘**Procedures regarding Civil Service Entrance Exams and Advantages of Government Jobs**’ was conducted at St. Anne’s High School Auditorium, Colaba with 130 participants (117 students + 9 Teachers + 3 Members + 1 Staff). The resource person was Mr. Ryan Pinto, M.A History, Proprietor of Knowledge Valley for IAS IFS IPS. This was followed by an informative and interactive session.



### Area Reports

**Andheri:** On 3<sup>rd</sup> August Andheri Area organized a programme on Women's Safety and Dignity. The Speakers were Manisha Mangeshkar and Dolphy D'Souza who gave an insight on the issues of Manipur. AK students, beneficiaries along with members, staff participated enthusiastically. It was an interactive and informative session. After the session everyone held placards in a silent protest at the gate of Asha Kiran.

Members discussed and practised for the EKTA programme.

**Byculla:** 7 members attended the meeting on 1<sup>st</sup> August. Members discussed and practised for the EKTA programme. Devotion was led by Vanita Narvekar



**Belapur:** 7 members attended the meeting on 7<sup>th</sup> August. Devotion was led by Gissy Jacob. Members discussed and practised for the EKTA programme. Suneela Arun Kumar birthday was celebrated and snacks were distributed

**Borivali:** 7 members attended the meeting on 3<sup>rd</sup> August. Guest Speaker YWCA member, Celine Peris spoke on ‘You are Stronger than you think’. Members participated in Silent Protest organized by Andheri Area.



**Chembur:** 7 members and 4 guests attended the meeting on 4<sup>th</sup> August. Devotion was led by Mary Cheru. Members gave the guests an overview of Y and its activities with special reference to Chembur. Members also discussed and planned the forthcoming Ekta programme.

**Fort:** 7 members attended the meeting on 2<sup>nd</sup> August. Devotion was led by Brenda Nazareth. Members discussed the Ekta Programme, followed by prayer fellowship by Aneela Rao.



**Bandra:** 8 members attended the meeting held on 5<sup>th</sup> August. Devotion was led by Clotilda D’Souza.

## Tickle your Tastebuds

### Classic Salad In Balsamic Vinegar

#### Ingredients:

The choice of vegetables and fruits, spinach, parsley, celery is according to you. But use Balsamic vinegar, that gives flavour and taste. Red, green, and yellow capsicums, broccoli, boiled peas, beans, carrots, spring onions, corn....., but pomegranate and spinach is a must rest is your choice.



### Rare Facts

#### Kenai Fjords

#### A Changing Coastline

Kenai Fjords National Park encompasses more than 400 miles of irregular and rugged coastline bordering the Gulf of Alaska. Storm surges, tides, currents, glaciers and tectonic processes create a highly dynamic environment and result in nearly constant changes to



# YWCA of Bombay

AWARENESS SESSION ON

## BLOOD AND ORGAN DONATION

**Resource Person: Pallavi Shetkar**  
**Awareness Co-ordinator**

THURSDAY, 7TH SEPTEMBER  
AT 11.00 AM



**Achamma Bhavan Hostel**  
**75, Motlibai Street, Near Maratha**  
**Mandir, Byculla, Mumbai 400008**



For registration & queries contact  
**Sornalatha Jacob @ 9892280839**

## Employee of the Month

### EMPLOYEE OF THE MONTH

#### JULY 2023

This is hereby given to  
**Mrs. Apeksha Anil Rane**  
Utility Staff



In recognition of your outstanding performance, hard work and dedication.

YWCA OF BOMBAY



### EMPLOYEE OF THE MONTH

#### AUGUST 2023

This is hereby given to  
**Mr. Sachin Vishram Namaye**  
Room Attendant



In recognition of your outstanding performance, hard work and dedication.

YWCA OF BOMBAY





# YWCA OF BOMBAY

**Donate**

**Make a Difference**

### BANK DETAILS

YWCA of Bombay  
Name of Bank: UCO Bank  
Branch: Nariman Point  
A/c No: 03860100009540  
IFSC Code: UCBA0000529

Donations will be used for the welfare of children in communities and shelter homes.

**Donate and avail of tax exemption u/s 80G.**

After making the donation online, kindly send PAN no., address & payment details to [acc.manager@ywcabombay.co.in](mailto:acc.manager@ywcabombay.co.in) for acknowledgement letter & receipt.



# YWCA of Bombay

**WE ARE HIRING**

**Hostel Warden cum Receptionist  
on urgent basis**

The YWCA in Bombay is looking for an empathetic and proactive candidate to fill the role of Hostel Secretary at the Byculla Branch.

**Criteria and Compensation details:**

- Age: Between 30 - 50 years
- Salary: As per industry standards
- Graduate with computer knowledge
- Experience: 3-5 years
- Language: English, Hindi, Marathi
- Location: Byculla, Mumbai
- Includes accommodation and two meals

Interested applicants may email their updated CV to [careerywca@gmail.com](mailto:careerywca@gmail.com)



# YWCA of Bombay

## Basic and Advanced Tailoring Course

Duration - 6 Months

Admissions  
are now  
open

Address  
YWCA of Bombay,  
Asha Kiran  
53, J.P Road  
Andheri - W, Mumbai - 400053

For more details contact  
Chhaya Gadge @  
9967889250 /  
022 26702831 / 72



**YWCA Certificate on successful completion**



# YWCA of Bombay

## Nail Art Course

Admissions  
are  
now open

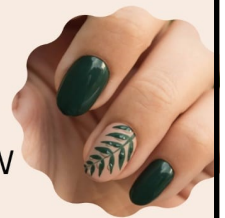
Duration:

**Basic - 10 days**

**Advanced - 15 days**

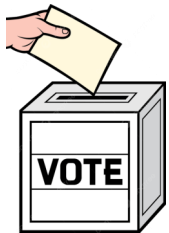
Address  
YWCA of Bombay  
Asha Kiran  
53, J.P Road, Andheri W  
Mumbai 58

For more details contact  
Chhaya Gadge @  
9967889250 /  
022 26702831 / 72



**Certificates on successful completion**

## Programmes and Committee Meetings for September 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <b>Chembur Area</b> 3.30 pm	2 <b>Bandra Area</b> 3:00 pm  <b>WDU Meeting</b> 2:00 pm Byculla
4 <b>Belapur Area</b> 11.30 pm	5 <b>Byculla Area</b> 11.00 am	6 <b>Fort Area</b> 4.00 pm	7 <b>AK Meeting</b> 11.00 am Andheri  <b>Shelter Homes Meeting</b> 2:00 pm Asha Kiran  <b>Andheri Area</b> 3.30 pm  <b>PASI Meeting</b> 2:00 pm Byculla	8 <b>Borivali Area</b> 11.30 am  <b>Finance Meeting</b> 3.30 pm <b>Zoom</b>	9 <b>Personnel Meeting</b> 10.00 am <b>zoom</b>  <b>Board Meeting</b> 11.00 am <b>Byculla</b>
11	12	13	14 <b>Membership Meeting</b> 11.30 am	15	16 <b>Elections</b> 10 – 2  <b>AGM</b> 3.00  
17	18	19 <b>Holiday</b>	20	21	22
24	25 <b>Jottings Meeting</b> 11.00 am Byculla	26	27	28	29
30					

**BYCULLA** : 75, Motlibai Street, Near Maratha Mandir, Byculla, Mumbai 400 008.  
 Achamma Bhavan Hostel, Institute of Nutrition and Baking  
 Vocational Training Institute. email : ywcajottings@gmail.com  
 website: <http://www.ywcabombay.co.in>

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 23020469